

# Career Transition Evaluation

TRUE	FALSE	I'm not sure how to find a job that will allow me to do what I do best every day.
TRUE	FALSE	I feel under-prepared to retire living the lifestyle that I desire.
TRUE	FALSE	I have no idea if there are better and more cost effective options available than COBRA for my health insurance.
TRUE	FALSE	The changes in my company are creating uncertainty and I don't know what to expect.
TRUE	FALSE	I don't know what career options are best for me.
TRUE	FALSE	I don't feel like I chose my career . . . it chose me.
TRUE	FALSE	My career is stagnating and I need help positioning myself for advancement.
TRUE	FALSE	I have been recently laid off and I'm not sure I'm equipped to market myself for my next best job.
TRUE	FALSE	I've been in the same profession for many years and don't know which transferrable skills are most marketable.
TRUE	FALSE	I am not sure what I should do to brand and market myself.
TRUE	FALSE	I am concerned about my age and finding a job today.
TRUE	FALSE	My resume doesn't pass a typical recruiter's 15-second rule.
TRUE	FALSE	If I had to summarize my skills and abilities in 30 seconds, I would have a hard time doing it in an elevator speech.
TRUE	FALSE	The thought of interviewing makes me nervous.

If you answered "True" to any of these questions, then you are most likely ready to embark on a career self-discovery.